



## Empowering Care Partners on a Loved One's Dementia Journey

NEVER ALONE ON THIS JOURNEY



## A GUIDING LIGHT

*The word “Lumina” is Latin. It is the plural form of “lumen” which means “a source of light” and is a symbol for clarity, compassion, and guidance.*

Lumina by Landis Communities is here to support care partners of those living with dementia. This is a journey that no one takes alone.

# Our Promise TO CARE PARTNERS

Landis Communities is a trusted industry leader in dementia and aging services with over 60 years of experience. Our specially trained staff are equipped to understand and address your concerns and questions as you navigate caring for your loved one with dementia.

We know that caregiving can be all-consuming, and without the proper support, can lead to stress, fatigue, and burn-out. But that is why this journey is not intended to be made alone.

We promise to walk beside you, not denying the struggle of caring for a loved one with dementia, but filling that reality with compassion, meaning, and hope. Through Lumina, you will find trusted guidance, expert insight, and steady support, that empower you to move forward with clarity.



**W**ith a loved one's dementia diagnosis, there is often a great deal of anxiety, grief, and unanswered questions for friends and family. These feelings are compounded when family members become caregivers – perhaps a role they never expected to hold, tending to a loved one with a diagnosis they never expected to receive.





## WHAT TO EXPECT WITH LUMINA

Lumina by Landis was created with care partners in mind as well as those living with dementia. That's why we not only provide solutions that support autonomy, but we also provide solutions that provide empowerment.

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With Lumina, you can anticipate:

1. Joyful care partners
  2. Compassionate companions
  3. Expert guides
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We walk beside you to provide companionship and compassionate care, not just for your loved one, but you as well.



# THE LUMINA Difference

Landis Communities provides a range of care for those living with dementia – in-home support, day services, or welcoming living options.

Almost 90% of Landis Communities team members have completed dementia friendly training and are well equipped to serve your loved one with compassion, skill and respect. With Lumina, families often notice a difference in how their loved one is understood, supported and cared for, thanks to kind and knowledgeable staff and safe, friendly and warm environments.

Through Lumina by Landis, we also provide support for you – caregivers, family members, and friends of those who have received a diagnosis of dementia. We also provide care for you – caregivers, family members, and friends of those who have received a diagnosis of dementia.

## We offer care partners:

- Education that inspires growth through resources found on [LuminaByLandis.org](https://LuminaByLandis.org)
- Empowering support and resources through in-person and online group learning
- Compassionate, person-centered services through individual consultations
- Engaging experiences that open doors to discovery for those experiencing dementia and their care partners

Through expertise and innovation, we walk alongside you, actively helping you navigate your journey. Caring for a loved one with dementia is not easy, and support and empowerment are vital to prevent burn out and fatigue. Our person-centered approach ensures dignity, autonomy, and independence for your loved one, and peace of mind and respite for you.

No one should have to walk this path alone. **And with Lumina, you never will.**



# PRACTICAL PRINCIPLES FOR MEANINGFUL LIVING

In addition to our guiding values of Joy, Compassion, Integrity, Stewardship, and Community, Lumina by Landis embraces additional principles that apply to the unique needs of those caring for loved ones with a dementia diagnosis:

- **Empowerment.** Providing resources and support that enable families to make informed decisions, fostering a sense of control and confidence.
- **Hope.** Cultivating an environment that emphasizes optimism and the possibilities for meaningful experiences, even in the face of challenges.
- **Dignity.** Ensuring that every person is treated with utmost respect, honoring inherent worth regardless of cognitive abilities.

Though there are difficult challenges to being a caregiver for a loved one living with dementia, Lumina is here to empower, educate, and encourage you along the way, because this is a journey that no one takes alone.



Begin a  
Conversation  
**TODAY**



**NEVER ALONE ON THIS JOURNEY**

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